


Maine Author Anastasia Marie Cassella!


Letter To My Brother
By Anastasia Marie Cassella



Love At First Sight
By Anastasia Marie Cassella



Murder Secrets and Injustice In A Small Town
By Anastasia Marie Cassella




The Seiners "Maine Novel With Flavor".
The Rogue Bear & Other Short Stories.
Anastasia's Mind Fog (Poetry).
Two Sides Of A Bi-Polar Survivor (Biography).
Letter To My Brother (Family Conflicts).
Love At First Sight (Contemporary Romance).
Home Cures For Health and Special Household Quick Tips.

Mystery Crime Fiction:
Stalk Or Be Stalked.
Justice Is Served.

Murder Secrets and Injustice In A Small Town.

Available In Print & E-Books-Book Marketing Global Network.com



The Seiners
By Anastasia Marie Cassella



Two Sides Of A Bi-Polar Survivor
By Anastasia Marie Cassella



Justice Is Served
By Anastasia Marie Cassella







Books Written With "The Flavor Of Maine"!

The Seiners by Anastasia Marie Cassella

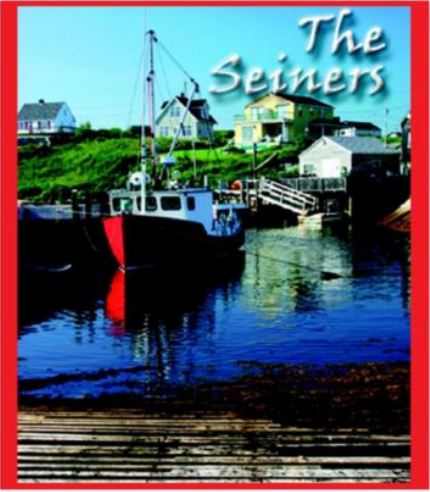
The Seiners by Anastasia Marie Cassella

What has Johnny Cavelli gotten himself into? His peaceful, quiet Granite Island in Maine has become a battle zone for greed. When Johnny calls Uncle Vittorio for some help he did not know that this help came with a price; a hefty price at that. Learn how Johnny achieves control of Granite Island. Learn how Johnny fails to see the concept of asking bigger, badder men to help resolve some issues he's having with Frank Miller. Granite Island will never be the same peaceful, quiet island in Maine ever again.

5-Stars: Having been born on Beals Island Maine, I love to support Maine Authors. I found Anastasia's fiction novel titled 'Seiners' very interesting. Her book is intentionally written in true Downeast Maine dialect.



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The Seiners by Anastasia Marie Cassella

What has Johnny Cavelli gotten himself into? His peaceful, quiet Granite Island in Maine has become a battle zone for greed. When Johnny calls Uncle Vittorio for some help he did not know that this help came with a price; a hefty price at that. Learn how Johnny achieves control of Granite Island. Learn how Johnny fails to see the concept of asking bigger, badder men to help resolve some issues he's having with Frank Miller. Granite Island will never be the same peaceful, quiet island in Maine ever again.



5-Stars: Having been born on Beals Island Maine, I love to support Maine Authors. I found Anastasia's fiction novel titled 'Seiners' very interesting. Her book is intentionally written in true Downeast Maine dialect. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Anastasia Marie Cassella, Author, Book, Seiners, Fiction, Fiction (General), Fiction (Crime), Fiction (Small Town & Rural), Maine, Maine Author, Bar Harbor Maine, Granite Island, Fishing, Book Marketing Global Network.



Review by tgfabthunderbird: 5.0 out of 5 Stars. A "Maine" Novel with Flavor. Reviewed in the United States on January 13, 2024. The Seiners is a twist on the Maine fisherman topic that is intriguing and combines elements of New England life (and beyond) readers will get caught up in immediately. Johnny Cavelli is seeing his family's fishing business decline, in circumstances anyone who has lived along the coast will recognize. Destined to get off Granite Island, Johnny instead comes to the aid of his ailing Italian immigrant father and brother and snags an old boat for seining.

With dialogue and descriptives that put you right on the spot, the author follows Johnny's brash, face-forward move into fishing, building a business, and getting what he wants, which leads him to decisions he has to make.

Fending off rival fishermen, some heavy characters that belong in a Mickey Spillane novel, and his own uncertainty, Johnny makes for a strong, imperfect, even flawed hero that will make the pages turn.

This is not the story you think it is, just know that.

Book Specifications from Lulu:

Page Count: 336

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: May 24, 2023

Language: English

Fiction

Fiction (General)

Fiction Crime

Fiction (Small Town & Rural)

Lulu Print:

<https://www.lulu.com/shop/anastasia-cassella/the-seiners-by-anastasia-marie-cassella/paperback/product-p26884.html?q=Anastasia+Marie+Cassella>

Lulu E-Book:

<https://www.lulu.com/shop/anastasia-marie-cassella/the-seiners-by-anastasia-marie-cassella/ebook/product-ymv6mz.html?q=Anastasia+Marie+Cassella>

Amazon Print:

https://www.amazon.com/Seiners-Anastasia-Marie-Cassella/dp/1312528427/ref=tmm_pap_swatch_0?encoding=UTF8&qid=&sr=

Amazon Kindle:

https://www.amazon.com/Seiners-Anastasia-Marie-Cassella-ebook/dp/B0CBQNXG2B/ref=tmm_kin_swatch_0?encoding=UTF8&qid=&sr=

The Rogue Bear short story is based on a true story, when a bear tries to enter Anastasia's ranch in Cherryfield, Maine. Other short stories in this collection include: Just Like Grandma, Small Blurb, The Writer, and You're Supposed To Be Scared.

5-Stars: Anastasia Marie Cassella is known for her short stories. Like a lot of people in Maine and other rural areas, stories are created, told, and passed down through the generations. Story telling is an art and an endangered species. I hope Anastasia writes more short stories in the future. Review by Editor at Book Marketing Global Network.



**The Rogue Bear
&
Other Short Stories
By Anastasia Marie Cassella**



The Rogue Bear & Other Short Stories by Anastasia Marie Cassella

'The Rogue Bear' short story is based on a true story. The story reflects the experience Anastasia had when a bear tries to enter Anastasia's Cherryfield, Maine's ranch. Other short stories in this collection include 'Just Like Grandma' who tried to protect her grandchildren from an abusive alcoholic father. 'Small Blurb' is about a woman who fell on the tracks of the IRT in NYC. 'The Writer' who follows immediate predictions of a painting above his desk. 'You're Supposed To Be Scared' is a great Halloween story of a haunted house you would not want to visit EVER!



5-Stars: Anastasia Marie Cassella is known for her short stories. Like a lot of people in Maine and other rural areas, stories are created, told, and passed down through the generations. Story telling is an art and an endangered species. I hope Anastasia writes more short stories in the future. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Anastasia Marie Cassella, The Rogue Bear & Other Short Stories, Author, Book, Fiction, Short Stories, Small Town, Rural, Maine, Maine Author, 5-Stars, Book Marketing Global Network.

Book Specifications from Lulu:

Page Count: 76 Pages

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: May 8, 2023

Fiction (Short Stories)

Fiction (Small Town & Rural)

Short Story Collections (Short Reads)

Lulu Print:

<https://www.lulu.com/shop/anastasia-cassella/the-rogue-bear-other-short-stories-by-anastasia-marie-cassella/paperback/product-eyydep.html?q=Anastasia+Marie+Cassella>

Lulu E-Book:

<https://www.lulu.com/shop/anastasia-marie-cassella/the-rogue-bear-other-short-stories-by-anastasia-marie-cassella/ebook/product-z66ryn.html?q=Anastasia+Marie+Cassella>

Amazon Print:

https://www.amazon.com/Rogue-Other-Stories-Anastasia-Cassella/dp/1312585722/ref=monarch_sidesheet

Kindle:

https://www.amazon.com/Rogue-Other-Stories-Anastasia-Cassella-ebook/dp/B0CBQRBTKL/ref=sr_1_1?qid=1693152100&refinements=p_27%3AAnastasia+Marie+Cassella&s=digital-text&sr=1-1&text=Anastasia+Marie+Cassella

Anastasia's Mind Fog

Anastasia's Mind Fog

By Anastasia Marie Cassella

Anastasia Marie Cassella's poetry has won numerous Editor's Choice Awards. Her poetry is full of emotions, feelings, and experiences. Her poems express romance, confusion, abuse, beauty, love for pets, love for people, and actual dreams. When therapists recommend keeping a journal, she decided to journal her thoughts through poetry and short stories. She wrote her first serious piece in 1986, after her father passed. Since then, numerous events have taken place in her life and emotions have been unearthed during therapy. She hopes that her readers find solace, understanding, and awareness within these pages.

5-Stars: Anastasia is a survivor, not a victim. She has taken her pain, journaled each one into a poem or thought. It takes courage to write through emotional and mental pain. Her efforts are admirable. Review by Editor at Book Marketing Global Network.



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Keywords: Anastasia Marie Cassella, Anastasia's Mind Fog, Poetry, Non-Fiction, Maine, Maine Author, Bar Harbor Maine, Book, Author, 5-Stars, Book Marketing Global Network, Poetry (General), Poetry (Subjects & Themes/Family), Poetry (American/General), Poetry (Women Authors).

Book Specifications from Lulu:

Page Count: 72 Pages

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: May 24, 2023

Language: English

Poetry

Non-Fiction

Lulu Print:

<https://www.lulu.com/shop/anastasia-cassella/anastasias-mind-fog/paperback/product-kzywmq.html?q=Anastasia+Marie+Cassella>

Lulu E-Book:

<https://www.lulu.com/shop/anastasia-marie-cassella/anastasias-mind-fog/ebook/product-6n5ekj.html?q=Anastasia+Marie+Cassella>

Amazon Print:

https://www.amazon.com/Anastasias-Mind-Fog-Anastasia-Cassella/dp/1312572205/ref=sr_1_1?crid=242BD1OWG9LSI&keywords=Anastasia%27s+Mind+Fog+by+Anastasia+Marie+Cassella&qid=1693152176&s=digital-text&prefix=anastasia%27s+mind+fog+by+anastasia+marie+cassella%2Cdigital-text%2C105&sr=1-1

Two Sides Of A Bi-Polar Survivor

By Anastasia Marie Cassella



5-Star Award!

Book:

Two Sides Of A Bi-Polar Survivor

Maine Author:

Anastasia Marie Cassella

Genre:

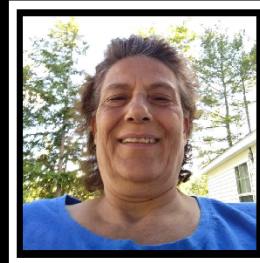
Biography

We Admire Anastasia!

Takes Bravery To Write Her Story!

Writing Is Therapy For Her!

**Information About This Book At
Book Marketing Global Network.com**



Endorsement
5-Stars
By Book Marketing
Global Network.com

Maine Author Anastasia Marie Cassella!

Anastasia Marie Cassella's book, 'Two Sides of a Bi-Polar Survivor' shares the promiscuousness, manic side of a bi-polar survivor, along with the depressive, suicidal side. This disorder is as hard to diagnose, as it is to live with. Not everyone with this illness is a survivor. Reading Ana's story might help you acknowledge your own struggles or help you appreciate what these survivors endure.

5-Stars: It takes courage to tell your story and the writing can be a form of therapy. I admire Anastasia for sharing her story, and no one should judge her. Review by Editor at Book Marketing Global Network.



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Two Sides Of A Bi-Polar Survivor

By Anastasia Marie Cassella



Two Sides Of A Bi-Polar Survivor by Anastasia Marie Cassella

Anastasia Marie Cassella's book, 'Two Sides of a Bi-Polar Survivor' shares the promiscuousness, manic side of a bi-polar survivor, along with the depressive, suicidal side. Read about the pendulum of happy and sad times. This disorder is as hard to diagnose as it is to live with. Not everyone with this illness is a survivor. Reading Ana's story might help you acknowledge your own struggles with Bi-Polar, help a friend, or family member appreciate what these survivors endure.



5-Stars: As a survivor of Bi-Polar and DID, my heart goes out to all people who struggle with mental illness in all its many forms. It takes courage to tell your story, and writing can be a great form of therapy. I admire Anastasia's bravery to write about her experience. No one should judge her. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Anastasia Marie Cassella, Bi-Polar, Mental Illness, Survivor, Biographies, Memoirs, Non-Fiction, Maine, Bar Harbor Maine, Maine Author, Book, Author, 5-Stars. Book Marketing Global Network.

Book Specifications from Lulu:

Page Count: 94 Pages

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: May 10, 2023

Language: English:

Biographies & Memoirs

Non-Fiction

Lulu Print:

<https://www.lulu.com/shop/anastasia-cassella/two-sides-of-a-bi-polar-survivor/paperback/product-8ee25w.html?q=Anastasia+Marie+Cassella>

Lulu E-Book:

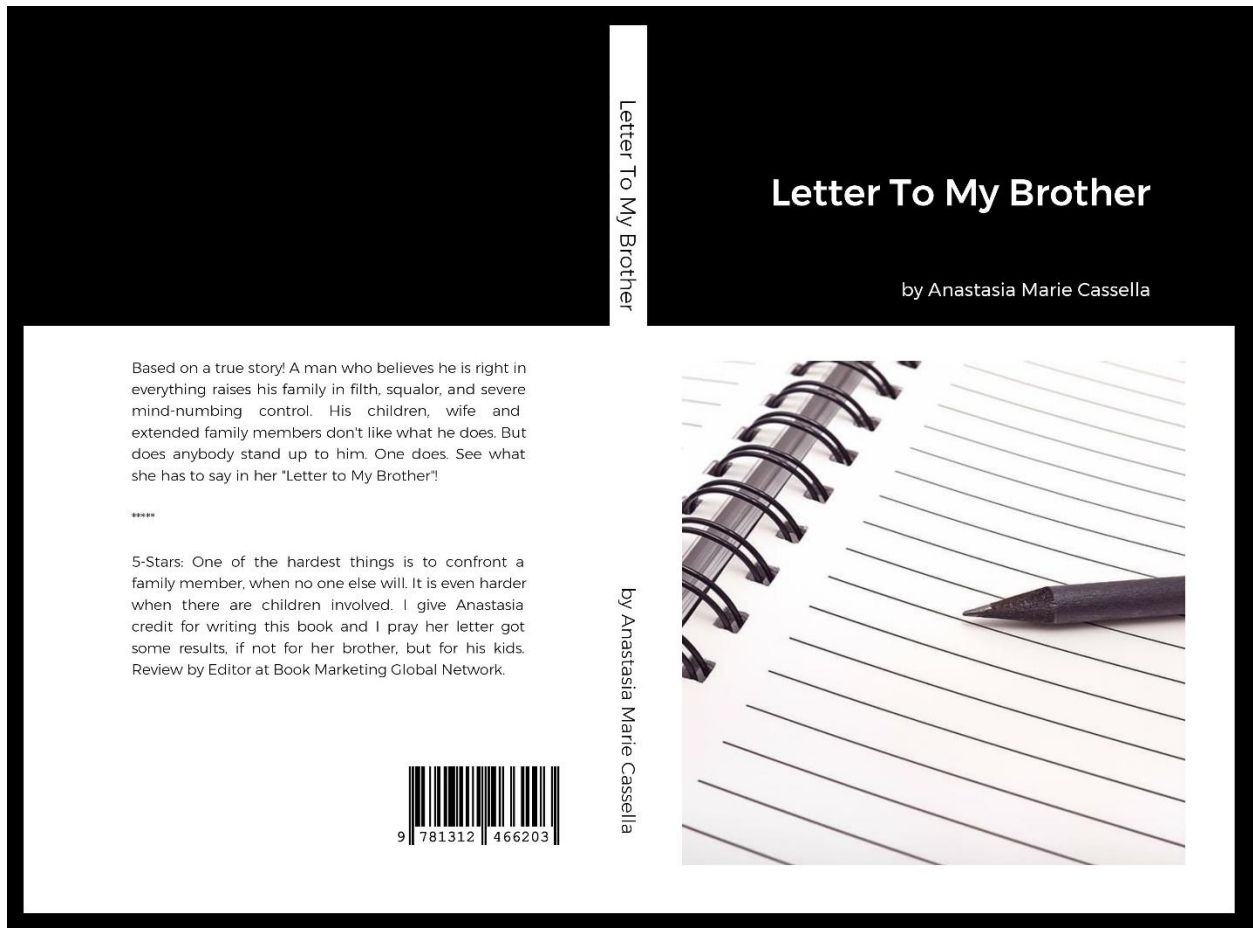
<https://www.lulu.com/shop/anastasia-cassella/two-sides-of-a-bi-polar-survivor/ebook/product-9nngwj.html?q=Anastasia+Marie+Cassella>

Amazon Print:

https://www.amazon.com/Sides-Bi-Polar-Survivor-Anastasia-Cassella/dp/1312577487/ref=tmm_pap_swatch_0?encoding=UTF8&qid=1693152256&sr=1-1

Kindle:

https://www.amazon.com/Sides-Bi-Polar-Survivor-Anastasia-Cassella-ebook/dp/B0CBQQVMYZ/ref=tmm_kin_swatch_0?encoding=UTF8&qid=1693152256&sr=1-1



Letter To My Brother Anastasia Marie Cassella

Based on a true story! A man who believes he is right in everything raises his family in filth, squalor, and severe mind-numbing control. His children, wife and extended family members don't like what he does. But does anybody stand up to him. One does. See what she has to say in her "Letter to My Brother"!



5-Stars: One of the hardest things is to confront a family member, when no one else will. It is even harder when there are children involved. I give Anastasia credit for writing this book and I pray her letter got some results, if not for her brother, but for his kids. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Anastasia Marie Cassella, Letter To My Brother, Family & Relationships, Family & Conflict Resolution, Parenting & Families, Book, Author, Non-Fiction, Maine, Maine Author, Bar Harbor Maine, 5-Stars, Book Marketing Global Network.

Book Specifications from Lulu:

Pages 95

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: Jun 10, 2023

Language: English

Parenting & Families

Family and Relationship (General)

Family and Relationship (Abuse / General)

Family and Relationship (Conflict Resolution)

Lulu Print:

<https://www.lulu.com/shop/anastasia-cassella/letter-to-my-brother/paperback/product-ym8v62.html?q=Anastasia+Marie+Cassella>

Lulu E-Book:

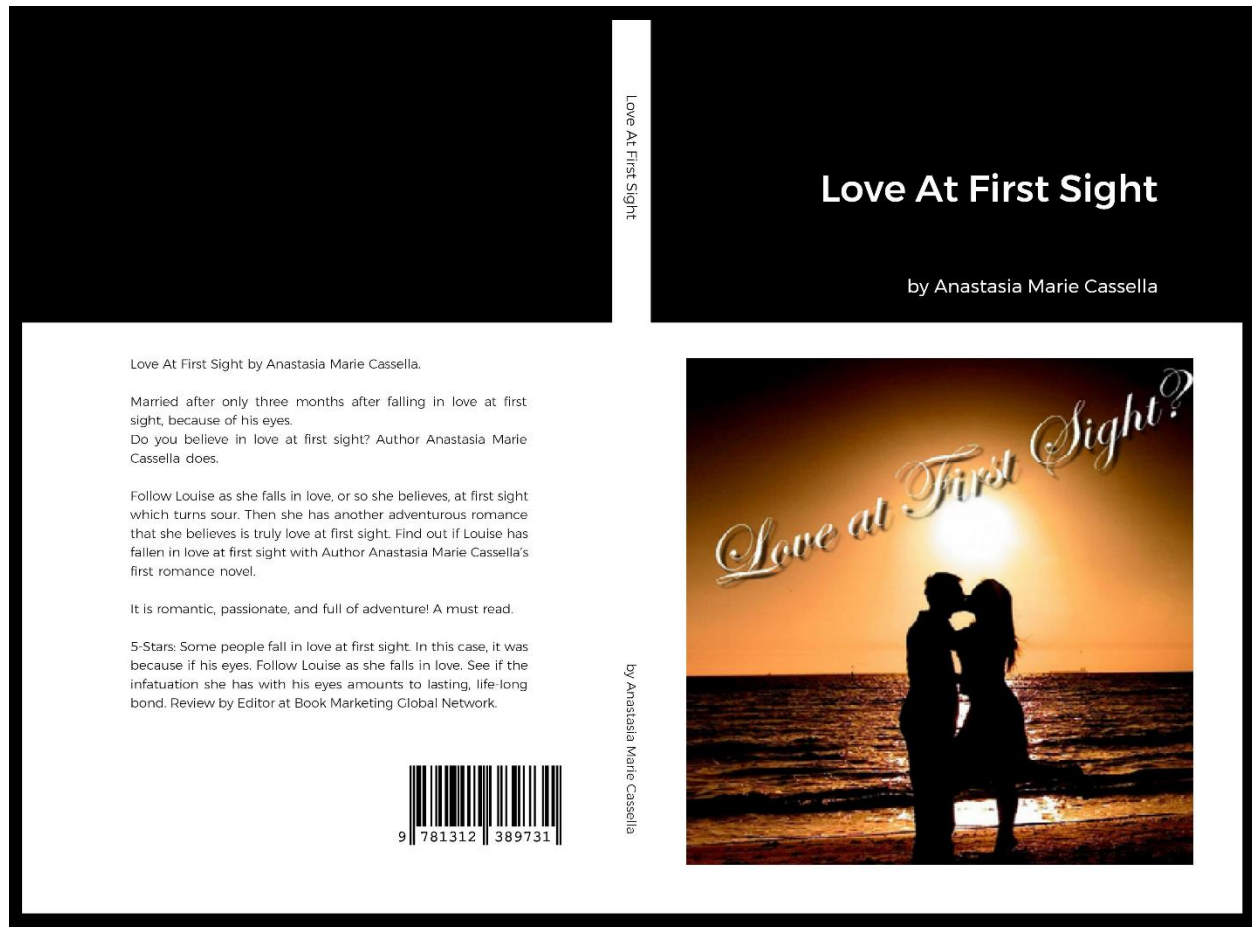
<https://www.lulu.com/shop/anastasia-marie-cassella/letter-to-my-brother/ebook/product-ym8k45.html?q=Anastasia+Marie+Cassella>

Amazon Print:

https://www.amazon.com/Letter-My-Brother-Anastasia-Cassella/dp/1312466200/ref=sr_1_2?crd=3B5WI18IUUK9R&keywords=Letter+To+My+Brother+Anastasia+Marie+Cassella&qid=1693152315&s=digital-text&sprefix=letter+to+my+brother+anastasia+marie+cassella%2Cdigital-text%2C99&sr=1-2

Kindle:

https://www.amazon.com/Letter-Brother-Anastasia-Marie-Cassella-ebook/dp/B0CMNWZJFV/ref=tmm_kin_swatch_0?encoding=UTF8&qid=1693152315&sr=1-2



Love At First Sight by Anastasia Marie Cassella

Married after only three months after falling in love at first sight, because of his eyes.

Do you believe in love at first sight? Author Anastasia Marie Cassella does.

Follow Louise as she falls in love, or so she believes, at first sight, which turns sour. Then she has another adventurous romance that she believes is truly love at first sight. Find out if Louise has fallen in love at first sight with Author Anastasia Marie Cassella's first romance novel.

It is romantic, passionate, and full of adventure! A must read.



5-Stars: Some people fall in love at first sight. In this case, it was because of his eyes. Follow Louise as she falls in love. See if the infatuation she has with his eyes amounts to lasting, life-long bond. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Love At First Sight, Anastasia Marie Cassella, Maine Author, Author, Book, Maine, Bar Harbor Maine, Fiction, Fiction Romance (General), Fiction Romance (Contemporary), Fiction Romance (Action & Adventure), 5-Stars, Book Marketing Global Network.

Book Specifications from Lulu:

Page Count: 151 Pages

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: July 02, 2023

Language: English

Genre: Romance (Contemporary)

Fiction Romance (General)

Fiction Romance (Contemporary)

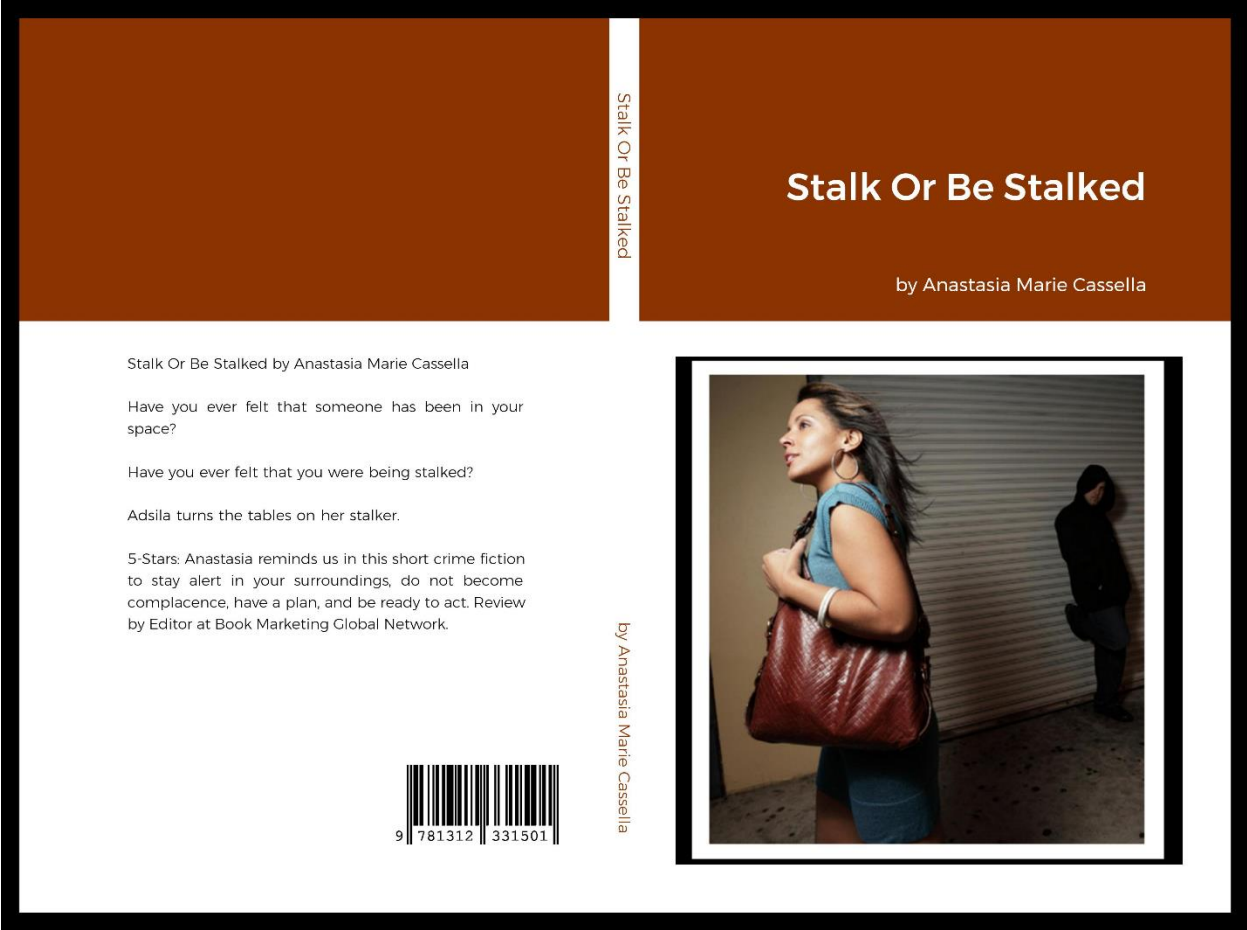
Fiction Romance (Action & Adventure)

Lulu Print:

<https://www.lulu.com/shop/anastasia-marie-cassella/love-at-first-sight/paperback/product-jvjwvz.html?q=Anastasia+Marie+Cassella>

Lulu E-Book:

<https://www.lulu.com/shop/anastasia-marie-cassella/love-at-first-sight/ebook/product-gr9ygz.html?q=Anastasia+Marie+Cassella>



Stalk Or Be Stalked by Anastasia Marie Cassella

Have you ever felt that someone has been in your space?

Have you ever felt that you were being stalked?

Adsila turns the tables on her stalker.



5-Stars: Anastasia reminds us in this short crime fiction to stay alert in your surroundings, do not become complacent, have a plan, and be ready to act. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Stalk Or Be Stalked, Anastasia Marie Cassella, Author, Maine Author, Fiction, Book, Fiction (General), Fiction (Crime), Bar Harbor Maine, 5-Stars, Book Marketing Global Network.

Book Specifications from Lulu:

Page Count: 111 Pages

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: July 16, 2023

Language: English

Fiction (General)

Fiction (Crime)

Fiction (Women)

Mysteries (Crime Fiction)

Lulu Print:

<https://www.lulu.com/shop/anastasia-marie-cassella/stalk-or-be-stalked/paperback/product-grqgr8.html?q=Anastasia+Marie+Cassella>

Lulu E-Book:

<https://www.lulu.com/shop/anastasia-marie-cassella/stalk-or-be-stalked/ebook/product-mje524.html?q=Anastasia+Marie+Cassella>

Amazon Print:

<https://www.amazon.com/Stalk-Stalked-Anastasia-Marie-Cassella/dp/131233150X>

Murder Secrets and Injustice In A Small Town

by Anastasia Marie Cassella

Murder Secrets and Injustice In A Small Town

by Anastasia Marie Cassella

Murder Secrets and Injustice In A Small Town by Anastasia Marie Cassella.

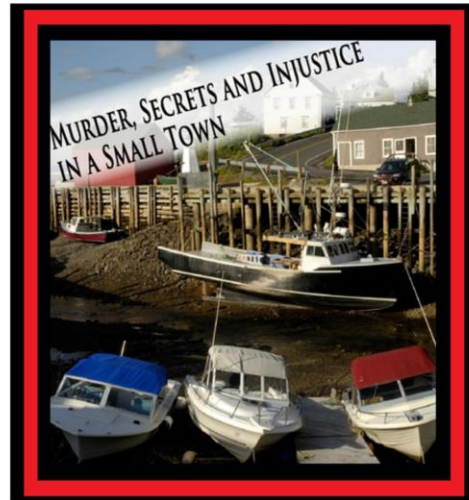
Anastasia Marie Cassella's book: Murder, Secrets and Injustice in a Small Town accurately depicts small town America with its good and its bad.

Come follow Ana's story about murder, secrets, and injustice in the small coastal town of Cherryfield, Maine.

Who really murdered Marco, a migrant worker and who really murdered Sherman Stanhouse?

What is the secret Don Terrance wants to tell Ana?

5-Stars: Based on a similar crime story, Anastasia take her readers to experience small town justice. I found the story interesting. Review by Editor at Book Marketing Global Network.



Murder Secrets and Injustice In A Small Town by Anastasia Marie Cassella

Anastasia Marie Cassella's book: Murder, Secrets and Injustice in a Small Town accurately depicts small town America with its good and its bad.

Come follow Ana's story about murder, secrets, and injustice in the small coastal town of Cherryfield, Maine.

Who really murdered Marco, a migrant worker and who really murdered Sherman Stanhouse?

What is the secret Don Terrance wants to tell Ana?



5-Stars: Based on a similar crime story, Anastasia invites her readers to experience small town justice. I found the story interesting. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Murder Secrets and Injustice In A Small Town, Anastasia Marie Cassella, Maine Author, Bar Harbor Maine, Maine, Book, Fiction (Crime), Fiction (Small Town/Rural), 5-Stars, Book Marketing Global Network, Mystery, Cozy Mystery, Author.

Book Specifications from Lulu:

Page Count: 161 Pages

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: Aug 12, 2023

Language: English

Fiction (General)

Fiction (Crime)

Fiction (Women)

Mysteries (Crime Fiction)

Lulu Print:

<https://www.lulu.com/shop/anastasia-cassella/murder-secrets-and-injustice-in-a-small-town/paperback/product-grwj4e.html?q=Anastasia+Marie+Cassella&page=1&pageSize=4>

Lulu E-Book:

<https://www.lulu.com/shop/anastasia-cassella/murder-secrets-and-injustice-in-a-small-town/ebook/product-8v24qe.html?q=Anastasia+Marie+Cassella&page=1&pageSize=4>

Amazon Print:

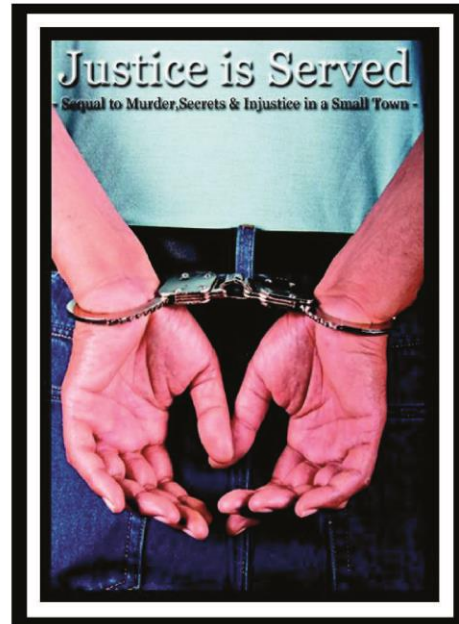
<https://www.amazon.com/Murder-Secrets-Injustice-Small-Town/dp/BOCN2FDXX2>

Anastasia Marie Cassella's 'Justice is Served-Sequel to Murder, Secrets and Injustice in a Small Town' is where a young man finds himself in the same predicament that the main character of Murder, Secrets and Injustice in a Small Town does accepting this young man who stands up for his 'woman' finds out that without money and bigwigs to help you hide your secret you get served 'justice' so is this truly justice served?

5-Stars: Both books are based on a similar, true, crime story, Anastasia take her readers to experience small town crime and justice. I found the story interesting. Review by Editor at Book Marketing Global Network.



Justice Is Served
by Anastasia Marie Cassella



Justice Is Served by Anastasia Marie Cassella

Sequel to Murder, Secrets, and Injustice in a Small Town.

Anastasia Marie Cassella's 'Justice is Served-Sequel to Murder, Secrets and Injustice in a Small Town' is where a young man finds himself in the same predicament that the main character of Murder, Secrets and Injustice in a Small Town does accepting this young man who stands up for his 'woman' finds out that without money and bigwigs to help you hide your secret you get served 'justice' so is this truly justice served?

A small town where injustices regarding murder were once known to happen will not allow it to happen again. But what happens when you have no money to pay off witnesses and police?

What happens when there is just you against the world?

In the small town of Cherryfield, Maine where rumors run rampant who do you believe and when do you believe?

Romance, murder, and mayhem abound in this tale of justice but is it truly justice?

Follow Ana in her struggle for strength and romance in this unforgiving tale of justice.



5-Stars: Sequel to Murder, Secrets In A Small Town. Both books are based on a similar, true, crime story, Anastasia invites her readers to experience small town crime and justice. I found the story interesting. Editorial Review and Endorsement by Book Marketing Global Network.

Keywords: Anastasia Marie Cassella, Author, Maine Author, Book, Bar Harbor Maine, Fiction (Crime), Fiction (Small Town/Rural), 5-Stars, Book Marketing Global Network, Mystery, Fiction, Cozy Mystery.

Book Specifications from Lulu:

Pages 116

Publisher: Lulu

Book Size: US Trade (6 x 9)

Publication Date: Aug 18, 2023

Language: English

Fiction (General)

Fiction (Crime)

Fiction (Women)

Mysteries (Crime Fiction)

Lulu Print:

<https://www.lulu.com/shop/anastasia-cassella/justice-is-served/paperback/product-grege2.html?q=Justice+Is+Served+by+Anastasia+Marie+Cassella>

Lulu E-Book:

<https://www.lulu.com/shop/anastasia-cassella/justice-is-served/ebook/product-z26wmd.html?q=Justice+Is+Served+by+Anastasia+Marie+Cassella>

Amazon Print:

https://www.amazon.com/Justice-Served-Anastasia-Cassella/dp/1312205830/ref=tmm_pap_swatch_0?encoding=UTF8&dib_tag=se&dib=eyJ2ljojMSJ9.df26fqAwWPIOluQjdRoJS3VDiGwYkpElqm56c2WOa6Fe95pVbKmkopAausddZOjOpdDoUsdHm3F9wevvG8IO2uwX6xIptUKBir6zGPDQRDvPTFVtdltdBUhsRmisFWoUbkFK9JhMOLYe7mASyIsfnQ.IRZVWGyH9mM8-rXg2NStIsTR58aKtJhtuh2yBnOan8o&qid=1705256422&sr=1-16

Kindle:

https://www.amazon.com/Justice-Served-Anastasia-Cassella-ebook/dp/B0CN3BRSKD/ref=tmm_kin_swatch_0?encoding=UTF8&dib_tag=se&dib=eyJ2ljojMSJ9.df26fqAwWPIOlUQjdRoJS3VDiGwYkpElqm56c2WOa6Fe95pVbKmkopAausddZOjOpdDoUsdHm3F9wevvG8lO2uwX6xlptUKBir6zGPDQRDvPTFVtdltdBUhsRmisFWoUbkFK9JhMOLYe7mASyIsfnQ.IRZVWGyH9mM8-rXg2NStlsTR58aKtJhtuh2yBnOan8o&qid=1705256422&sr=1-16

Anastasia Marie Cassella's 'Home Cures For Health And Special Household Quick Tips' are derived from her own health needs and those of her family. Diagnosed with several illnesses, Anastasia has learned homeopathic remedies from doctors, friends, and family members through her fifty plus years.

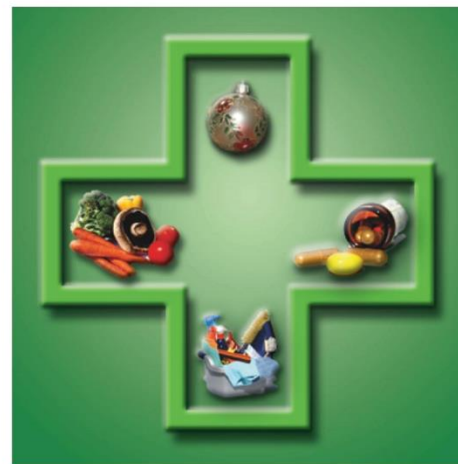
5-Stars: Anastasia is a kind, caring person. She is a good listener. She has given me good advice through the years. Her heart is in the right place. She believes that passing her knowledge along, will improve the lives of others. Born in Bar Harbor, Maine, and raised in Downeast Maine, years and years of homeopathic cures and quick tips have been passed down and successfully used. Review by Editor at Book Marketing Global Network.



Home Cures For Health

And Special Household Quick Tips

by Anastasia Marie Cassella



Home Cures For Health and Special Household Quick Tips by Anastasia Marie Cassella

Anastasia Marie Cassella's 'Home Cures For Health And Special Household Quick Tips' are derived from her own health needs and those of her family. Diagnosed with several illnesses, Anastasia has learned homeopathic remedies from doctors, friends, and family members through her fifty plus years.

Determined to fight though her disabilities, she has discovered many short cuts to cleaning and resolving household tasks, to save time and energy. She endeavors to share her knowledge of home remedies, that have been passed down through the generations.

This book is not meant to circumvent the advice of a physician. It is not meant as a medical guide. She recommends talking to your doctor, before using the homeopathic solutions found in this book. In Anastasia's case, traditional medications and solutions did not always work as intended, so she resorted to homeopathic solutions.

The short cuts provided in the enclosed “household quick tips” are tried and true. The homeopathic and generational solutions are passed down from generation to generation, because they work.



5-Stars: Anastasia is a kind, caring person. She is a good listener. She has given me good advice through the years. Her heart is in the right place. She believes that passing her knowledge along will improve the lives of others. She was born in Bar Harbor, Maine, and raised in Downeast Maine. Years and years of homeopathic cures and quick tips have been passed down and successfully used. Editorial Review and Endorsement by Book Marketing Global Network.

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About Anastasia Marie Cassella: Anastasia was born in Bar Harbor, Maine, and raised in Downeast Maine. She is proud to be an author from Maine and many of her books are centered around one or more locations in Maine.

Diagnosed with several illnesses, she is determined to fight through her disabilities. She encourages those around to fight for good physical and mental health.

Anastasia has published ten multi-genre works. She has been writing since she was sixteen, following in her dad's footsteps. Poetry comes easy for her. Truth comes easily. Writing dramas, using life experiences comes easier.

She loves assisting authors and writing. She is currently working on novels and children's stories. When she is not enjoying the great outdoors that Maine has to offer, you will find her on Facebook. She loves to play games and interact with other authors. She frequently shares photos of the foods she is baking, posts fun photos about the snowstorms, and other related things going on in Maine.

She invites you to read her books, leave a review, and connect with her on Facebook.

Twitter:

<https://twitter.com/authoranastasia>

LinkedIn:

www.linkedin.com/in/anastasia-cassella-author-editor

Facebook:

<https://www.facebook.com/anastasia.cassellayoung.3>

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