



SYNOPSIS

The SHIVA Syndrome Trilogy

Podol'sk, Russia. In the Anokhin Brain Research Institute, STEFAN DÜRR floats in a sensory deprivation tank. Trapped in a nightmare, intense heat emanates from his body. The tank begins to crack.

On the other side of the world, in Philadelphia, BEAU WALKER also suffers a nightmare while napping.

The Russian scientists try to calm Dürr down. If they cannot control him, they will have to kill him. The tank breaks and the scientists are sucked towards Dürr by an unseen force. A bright light fills the tank, followed by a black cloud, which expands quickly. Bolts of plasma escape from it. The cloud expands exponentially, atomizing everything within a kilometer.

Walker awakens from his nightmare with second-degree burns on his hands and face. They gradually fade, but he is shaken.

A few days later, Walker is rowing on the river. He is met by two soldiers – ELLISON and MACKEY. They are there to escort him to the Naval Air Station.

Walker has empathic abilities. Through touch, his mind involuntarily merges with others. Consequently, he is reluctant to touch people.

He refuses to go. When Ellison touches him, he hears his prejudicial thoughts and intent to taser him. They scuffle. Walker turns Ellison's anger against him and the lieutenant loses consciousness. Mackey is injured during the fight, but Walker uses his ability to heal his wound.

Walker has no choice: Either he accompanies them to the air station or he will lose his college position. He is told that BURTON GRIMES wants to see him. Walker has a disturbing history with Grimes and does not trust him.

At the air base, he is escorted onto a fighter bound for Texas. When they arrive, Walker meets with Grimes, still angry with him for costing him his former research position and making him a professional leper. They were involved in a project where pilots were drugged. Walker argued his ethical concerns and was fired.

Grimes knows about Walker's past research and paranormal ability. He explains that they are testing alternative healthcare, artificially enhancing paranormal abilities to alter genomes. They were successful, but did not know how to switch off the abilities. This caused psychosis, suicides, and homicides.

Walker is still reluctant to help. Grimes sweetens his proposal by telling him about work they are doing – biological psychokinesis: using paranormal means to affect and alter genes. Despite his doubts, Walker is keen to see the work they are doing.

Grimes tells him that they must first investigate a catastrophe in Russia, as it is related to their work. They board a plane to Russia.

On board, Walker is introduced to other members of the team: LINC CARTER, JULIE THORSTEN, ALUN GARETH, FRAN BRIGANDER, and LEIGH KAMPMANN. Each comes from a different specialty.

During the flight, they discuss spiritual and paranormal experiences and how cultures share certain myths. Thorsten, who also studies the paranormal, is against unnatural interference with nature, while others argue that science already does this.

In a meeting on board, they learn that at 7 to 10,000 people died in Podol'sk. The crater where the city stood has a two-mile radius, but they cannot determine what caused it.

Adding to the mystery, as the city was being destroyed, a space station vanished and an astronomer watching the space station disintegrated. Similar craters found in Brazil, Australia and India. A child in Canada levitated, expelling energy from her hands which destroyed a mountain side.

Walker and Thorsten discuss the bizarre coincidence. He realizes that his burns during his nap appeared at the same time as the disaster. That night, Walker dreams of his sister ANNIKA who died when he was a teenager and unable to heal her.

In protective suits, the team go to the crater. They are joined by DR. IBATOV who directs the mission.

As they collect samples, they become disorientated. Their equipment shows that they are running out of air sooner than they should. Working from Kampmann's theory that they are in the site of a black hole; they don't know what to expect. Walker suggests that time and space are distorted in the crater.

Ibatov sets off a seismographic explosion. The ground gives way and Kampmann falls into a crevasse. Walker grabs her and, together with Grimes and Ibatov, they work to pull her out.

While Walker tries to help Kampmann, he flashes back to his childhood where his mother made him use his paranormal healing ability to help her church members. He became angry and dejected towards God and his mother.

Involuntarily, Walker's paranormal ability enables him to save Kampmann.

The seismograph shows the ground is hollow below; they could fall to their death at any moment. They take what samples they can and try to get out of the crater, but are hit by an avalanche. A tube pierces Ibatov's chest.

With no doctor, they don't know what to do. Walker intends to use his psychic healing. Surprisingly, Kampmann tells them to let her remove the tube. In a trance-like state, she removes the tube and appears to close the wound. It is as though something has taken control of her.

On the way back to the pickup zone, Walker finds a strange object, the largest they have come across. He bags it and attaches it to his belt.

The helicopter arrives. Kampmann, Ibatov, and Grimes get on board. Walker realizes he dropped the object. He ignores Grimes' order and goes back to search for it. He runs out of oxygen and becomes disorientated. Later, the group on the helicopter watch in shock as Walker uses a strange force to pull the helicopter towards him. An eerie light emanates from him. When the rescue collar is around him, he goes into cardiac arrest from the strain.

When he loses consciousness, Walker visualizes an ancient man and woman. They seem to be trying to tell him something. He awakens in the hospital after being resuscitated.

The team gives a presentation on their findings. There are objects which are not found in nature, including an arm with an astronaut's ring that is fused to flesh.

They believe that Durr created a black hole, somehow interconnecting spacetime.

Walker is shocked to learn later what he did with the helicopter, but has no memory of the incident and denies it.

They visit a man named WINTOFF, the only survivor of the institute, dying in a hospital. Walker flashes back to the death of his sister Annika when he furtively heals a young girl while they wait to see Wintoff.

Wintoff says he was at home during the incident but was awakened by the ground shaking. He saw a black mass in the direction of Podol'sk expand and pull everything towards it. He offers them paperwork, photos, and a video he took from the lab.

Strange incidents continue to plague them including a confrontation in the restaurant between Walker and Kampmann resulting in the paranormal shattering of glasses and utensils bending.

On the flight back to the U.S., Ibatov gives Walker a shamanic figure as a parting gift. Thorsten, Walker, and Carter discuss shamanism. Thorsten believes Dürr may have tapped into shamanic abilities, but could not control them.

Later, Kampmann comes to Walker's cabin. She is obsessed and worried about how she saved the scientist's life in the crater. They open to each other and their intimacy deepens. They sleep together.

The next morning, Kampmann unexpectedly ignores Walker. Later, Walker overhears Grimes talking about him on the phone. He tells the unknown caller that if Walker becomes a threat, Grimes will terminate him.

They arrive in California at SHIVA, an airbase hidden in a mountain. When they leave the plane, Walker discovers that some of the guards do not appear to be fully human.

They move deeper into the mountain towards the research labs. Walker finds a piece of metal. As he rolls it between his fingers, psychometry gives him a vision of bizarre creatures and an explosion. The vision is so powerful that he loses consciousness.

When he awakens, he is determined to find out what is going on.

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The Cosmic Ape: The SHIVA Syndrome Trilogy (Book 2)

BEAU WALKER and his team enter SHIVA, a fortress hidden in the mountains. They are given a suite.

Walker searches for the cafeteria. He meets a man called ZHOU who is doing research on animals. He tells Walker that his lab color coat indicates he is working in human research. Walker tries to get some answers from him, but he seems evasive.

In the cafeteria, Walker meets CHES RASCHKE. He is a biotechnician working with the brain; they have been attempting to synchronize operations of the two halves of the brain. Each area of research is compartmentalized; no one knows the complete picture. Walker is unsure if he can trust Raschke.

The group meets in the conference room. Walker attempts to talk to KAMPMANN after their night together and her subsequent cold shoulder. She will not tell him why she has broken off communications.

They meet ALRIC HAAS, Chief of Research, who introduces Raschke as the Chief Biomedical Engineer. They discuss evolution and how consciousness in combination with Darwinian processes is needed to propel it. They are told about the hybridization of Cro-Magnon man and the Neanderthal man and how there was a fusion of nervous systems in *Homo sapiens*. Man would work to the best of his ability if he accesses both sides of his mind. If they work in sync, that person will exhibit paranormal abilities.

They are taken to a sensory deprivation tank where ADINA GERADO is the subject. She is Stephan Dürr's American counterpart. She has tested highly for ESP, but suffered from PTSD in the past. The SHIVA process uses drugs and virtual reality.

Later, Walker learns that LINC CARTER wanted him on the project after reading his dossier. Carter worked for PSIOPS, a black, governmental, paranormal research operation and felt Walker would be right to aid him in exposing SHIVA.

Curious about ADINA, Walker examines her file. There are pages missing, pages which Walker suspects BURT GRIMES of deliberately keeping from him.

Adina lives at SHIVA with her two children, 13 year old EMIDIO and eight year old ANA. Both children exhibit paranormal abilities.

He visits Adina in her suite, but on shaking her hand is rendered unconscious. He learns she worked as a prostitute at 13 to help her family. She had an abusive husband later in life. She has episodes of disassociation and nightmares. This makes Walker worry that, with her SHIVA-enhanced abilities, she could cause an event like Podol'sk.

Later that night, Walker is summoned to Adina's room by Carter. She is wild-eyed and drawing on the walls in a trance-like state. Walker and Carter try to help her, but she attacks them. Using paranormal power, she almost kills Carter while they attempt to restrain her, accidentally starting a fire. Guards alerted by the fire alarm enter. Walker sees that one of the guards has iridescent eyes and superhuman reflexes.

Emidio tells Walker that his mother practices Santeria, a religion found in Puerto Rico, and she has had past episodes of dissociation. He predicts that he and his mother will die soon.

As Adina is unable, Walker offers to go into the tank in her place. It does not go well and he awakens in the MedLab. Carter tells him that, while being affected by SHIVA, he was able to crush rock, making it identical to that found in the crater. But he reacted badly to the experience. Grimes begins to view Walker as a backup or replacement for Adina.

Walker rifles through the box they received from WINTOFF in Russia. Everything is a copy, which means Grimes is may be hiding originals. He watches some video footage of the lab in Russia, finding it unnervingly similar to SHIVA.

JULIE THORSTEN warns Walker that they are being watched. Walker wants to access SHIVA's mainframe and find out more about the people they are working for. He asks RASCHKE to help. Together they manage to get into one of the computers and find some of the names of the people in charge. They learn that there are two subdivisions to SHIVA: Heracles, developing supersoldiers, and Caduceus, producing deadly mutated biowarfare organisms.

SLEZAK and Grimes talk about Walker's involvement in the project. He could be helpful but, if necessary, they will kill him. They report to their superiors.

Walker continues to question Adina. She says a man's voice compelled her to draw the images in her suite. She was raped as a child; this is when her disassociation started. She had an imaginary playmate called Marisol who protected her into her twenties.

Walker and Carter discuss the possibility of an increased dose of drugs being given to her, which could have led to her psychotic break. Carter has lost rank and some computer privileges because of his support of Walker.

Thorsten and Walker agree that the level of disassociation needed to connect with these powerful abilities is possible. They must stop the tests.

KAMPMANN and GARETH have been working on the impact of the crater in Russia. They discover that it reached as far as the moon, causing a slight shift. When they inform Grimes of this, he denies it, but agrees to stop the experiments temporarily.

Kampmann and Walker finally talk. She reveals that she is scared to get enter a relationship again if she is going to end up hurt. She admits she cares for Walker and is willing to take things slowly.

Carter calls Walker to let him know that Dürr had anger issues. Walker wants more information about him. Carter also admits that research has been done working with Ebola viruses; they were able to make it more virulent and deadly. In three days, Adina will set off a detonation remotely using her abilities.

A supersoldier assassin is sent to kill Walker. He attacks while he is with Kampmann. Walker fights back, entering a paranormal mental state and killing the assassin in a horrific way. They call the others and take the body to the lab to try to discover ways in which SHIVA is being used to alter humans.

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The Interdimensional Nexus: The SHIVA Syndrome Trilogy (Book 3)

BEAU WALKER and his team race against the clock to examine the mutated body of the man who tried to kill him. Walker and LEIGH KAMPMANN, JULIE THORSTEN and LINC CARTER are present.

They called GARETH down to take photos of what they find. They believe he is a hybrid creature, part of Project Heracles.

While the others collect samples, Walker and Kampmann return to their rooms to change their clothes. When they return, the others have tested the creature's blood. It has a triple DNA helix. Thorsten tells them that children--known as Indigo children--are being born with a triple helix. ADINA's children, EMIDIO and ANA, have a triple helix and demonstrate paranormal abilities.

Carter's postmortem of the creature reveals it has increased night vision, increased hearing, and is a veritable killing machine. They discover an explosive device inside its brain, designed to destroy it along with anyone in a thirty-foot radius. Walker burned the circuitry when he used his supernatural to kill the creature. They dispose of the cadaver in a toxic waste barrel.

Ever since his time in the crater, Walker's abilities have been growing and changing.

The team collect their evidence and plan their escape from the mountain. They need samples from the Caduceus project: enhanced, lethal organisms which will prove their story.

Carter and Julie question if CHES RASCHKE is a mole. Walker is worried that he gave away too much information to Raschke and that they could be compromised.

Carter supplies Walker and Kampmann with a replica of Grimes' eye and for retinal scanning so that they can gain access to the biowarfare lab. After dealing with the cameras and other security, they suit up to go inside Caduceus for samples.

As they are collecting samples, Walker doubles over in pain and shows symptoms of contamination. Kampmann panics, thinking there is a leak in his suit, but he is empathically picking up on the symptoms.

They collapse. When they awaken, Walker and Kampmann discover another room filled with mutated animals. Their DNA has been altered. A chimp/reptile hybrid gets hold of Kampmann's suit and tears a hole in it. Walker searches for tape to seal her suit up and sends her to decontamination. He gets a DNA sample from one of the creatures before leaving.

A lab contamination alarm goes off after Walker accidentally breaks a sample flask. He is trapped. Kampmann tells him to use the eye replica to get out, but the lab contamination leads to a countdown: The lab self-destruct using nuclear weapons.

Meanwhile, as employees and their families evacuate SHIVA, Adina has slipped into another dissociation. Shango, a Santerian god, possesses her. Her children realize that their mother has changed and flee.

As the team attempt to evacuate, Gareth realizes he has forgotten material and goes back to the lab. A second supersoldier attacks him, asking where the others are. The brain of the dead soldier, whose body was placed in the barrel of toxic waste, explodes and detonates the device in the second soldier holding Gareth, killing both as well as others in the hall.

Emidio and Ana catch up with Thorsten and Carter; they head for the surface. Julie feels the effects of her medical condition and has to stop to take her meds. They find a Jeep, but Emidio stops them, telling Carter that a bomb is hidden underneath. Carter checks: the boy is correct. Emidio helps him to disarm it and they escape into the desert, chased by military jeeps firing machine guns. Carter manages to escape with the paranormal help of the children. They pick Walker and Kampmann.

Adina wanders the desert, still under Shango's possession. Emidio and Ana can 'see' her and tell the others that she is with the "Wolf Man."

They are chased by helicopters. Ana tells them that they are near the place where Emidio and Adina will die. Carter wants to take them to an airfield where they can escape on a plane, but the children beg them

to find Adina. They use their abilities to track her to a ghost town called Rhyolite. By the time they arrive, she is gone.

The helicopters catch up to them. The children use their abilities to affect the weather and bring the helicopters down. They go looking for Adina.

When they reach the area, Walker hears the voice of his father telling him that he has a bigger role to play than he realizes.

As they near the mine, they hear Adina's screams. She has been tied to stakes by a Shoshone man wearing a wolf skin. He introduces himself as HARMAN COGSWELL, or WHITE WOLF. He is a shaman trying to reclaim Adina's soul. He wants to travel between worlds and save her. To do so, he needs Walker's help. Walker doubts his own abilities.

White Wolf tells Kampmann that she is an ancient and her power is growing. She will be their anchor to this world. Sending the others outside, White Wolf begins the ritual. Walker, in altered consciousness due to a native potion, moves between worlds and takes on the form of a mountain puma. Along with the wolf, he seeks out Adina. They find her being held by a man with a skull face. A fight ensues between Shango and the animals. Walker, the puma, grabs the man by his throat, killing him. They free Adina and return to the physical world.

Walker tries to explain to the others what happened, about the power of consciousness and how they are part of much greater realities. Kampmann confirms that something did happen to them.

The soldiers catch up to them, led by Raschke, or GENERAL CONOR MACFARLAN; his real name. He had been a mole. He reveals that Thorsten has been helping them in return for a cure for her disease. They are angry, but Adina encourages them to forgive her. She hugs Thorsten and uses her ability to heal her of her illness. Now they have no power over her. She says goodbye to her children and she and Emidio head towards the trees. MacFarlan orders a soldier to fire a warning shot, but Adina continues. The second rubber round bullet strikes Emidio in the temple and he falls.

Emidio dies in Walker's arms, but Adina convinces him that he can still be saved. She places a force field around them to protect them from any more harm. With great mental and emotional pain, Walker uses his ability to revive the boy. Knowing that her children are safe, Adina says she must depart. They watch in awe as she disappears in a cloud of shining particles.

This opens an interdimensional gate. Beings of light appear – angels. But each person sees them as something personal to their own religious beliefs. Adina is called the first “caretaker” to evolve using SHIVA.

After the events, the team discuss the future of the world. Dürr and Adina were two opposing sides of how SHIVA's power could be used. Dürr was the destructive force while Adina represented a healing one.

The group plans to head to the plane pick-up arranged by Carter, but MacFarlan is not giving up. He thinks the whole event was illusion. Walker uses his ability on him, throwing him into altered awareness in which he sees visions of people in his life that he has lost, including his ex-fiancée and his mother.

Grimes threatens Walker, telling him they will be hunted. Walker and the team head for the plane, knowing their lives have changed forever.

Cold Coffee/Book Marketing Global 5 Star Review

From the very first paragraph, I was hooked on this prize-winning, sci-fi, paranormal adventure. If you are not afraid of the unknown and are willing to become part of this suspenseful page-turner, I strongly recommend this book.

Alan Joshua begins The SHIVA Syndrome Trilogy in the basement of a Russian brain research institute. If you've ever wondered if humans are being used in mind control experiments hidden in the underbelly of governments as scientific research, this realistic, fictional account will make the hair stand up on the back of your neck and pulse pound. Full of astonishing detail, it reads like a handbook for psychic development: "Stefan Dürr's wiry frame hovered in a transparent, liquid-filled, vertical sensory deprivation tank. Naked, with the exception of a soft weight belt, straps battened down a round, silver helmet covering his head and shoulders. When he exhaled, a plastic umbilical line at the top released a stream of bubbles that crept through the viscous solution toward the surface."

In a time where understanding and controlling horrific catastrophes, far beyond the threat of climate change around the world, researchers conclude that the evolution of human consciousness might be our only salvation. For those of you who have seen or read Chayefsky's Altered States, this is similar but Altered States on speed, reaching far beyond.

This is great storytelling and is striking in its visualizations. It is filled with dialog that will hold your interest as well as believable characters, like disgraced research professor Dr. Beau Walker. For example, in Philadelphia, Walker resigns himself to a weekend of scoring his students' booklets on basic psychology. But the weekend is not what he imagined. As he naps, the Russian city of Podol'sk is inexplicably vaporized in deadly silence. Unaware of his paranormal bond with the event, Walker "clawed at the sweat-saturated shirt, now tinged pink with oozing blood, rolling his head back and forth on a damp pillow." What is this puzzling link with event 5,000 miles away?

Walker's nightmares continue when he is snatched by the government and coerced to join a U.S./Russian multidisciplinary scientific team, searching for the cause of the disasters. Their descent into a Russian crater will have you on the edge of your seat.

This trilogy is for any sci-fi, paranormal, or action-adventure fan. Certainly, worthy of a movie, it is full of surprises and twists and turns. I urge you to step into a story where science, the paranormal and human consciousness meet with unexpected and devastating results. Be prepared for the "after sense" as I call it, the lingering thoughts after you close the book. I recommend that you buy this combined version of the trilogy.

The SHIVA Syndrome Trilogy is not limited only to sci-fi fans. It is for thinking people seeking stories of some complexity that can be intriguing and mentally stimulating. If you love science fiction and are tired of the lack of imagination found in many books and movies today, this psychological thriller should be your next read. Review by Cold Coffee/Book Marketing Global Network.

About The Author

A native Philadelphian, Alan Joshua (pen name) is a Clinical Psychologist with a background in Forensic Psychology and Parapsychology.

Joshua has published many nonfiction journal articles.

The Shiva syndrome, his debut fiction novel, is a science fiction/paranormal mystery and thriller.

Always curious about the unknowns of human experience, he is fascinated with creativity and paranormal abilities. This led to his involvement with Psychology and research into Parapsychology while attending Temple and Saybrook Universities.

He has explored paranormal abilities, including alleged reincarnation, using hypnosis and in-depth interviewing of a wide range of “psychic” practitioners. Among his prized possessions are a shriveled, mummified banana (a product of one healer’s bio psychokinesis) and a small Austrian teaspoon curled by a German “psychic” healer while six people sat around him to observe.
<https://alanjoshua.com/biopsychokinesis>

Joshua believes that what looks “paranormal” is a bias given by those in “ordinary” consciousness. Further, he claims that the so-called paranormal is an extension of human consciousness common to all humans and has had evolutionary value in the past and the potential to shape humanity’s future.

The Shiva Syndrome incorporates his knowledge of Parapsychology and experiences with healers, intuitives, “psychic” sensitives, etc.

Unsurprisingly, he is a science fiction fan and has been influenced by such writers as Asimov, Bradbury, Crichton, Heinlein, Serling, and the extraordinary genius of Phillip Dick.

As an avid Star Trek fan, he is fond of contradicting Gene Roddenberry, believing that human consciousness and its potentials are “the final frontier.”

If you have questions for the author, he would be glad to answer them—time permitting. He would like to hear from you if you’ve had any paranormal experiences. Please contact him through his website listed below.

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Date: June 10, 2019

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